



# 2017 HALLOWEEN PUSH/PULL

OCTOBER 28, 2017

## General Information

- Date** October 28, 2017
- Location** Umberger Performance – 4573 Campbells Run Road – Pittsburgh, PA 15025
- Directors** Scott Umberger – [scott@umbergerperformance.com](mailto:scott@umbergerperformance.com) – 412-523-0060  
Andy Bosnyak – [liftfordreams@gmail.com](mailto:liftfordreams@gmail.com) - 412-861-1824  
<http://umbergerperformance.com/halloween-powerlifting-meet/>
- Entry Fees** ENTRY FEE PER LIFTER: Iron Man - \$100. Bench or Deadlift ONLY - \$75.  
Crossover fee: \$30. **No refunds for cancellations. If cancellation is due to injury or family emergency, we will credit the entry fee toward the next IPA event directed by Scott Umberger or Andy Bosnyak.**
- Divisions** There are 2 divisions: Amateur is a drug-tested division and a non-drug tested, Professional division.  
**Drug testing is by urinalysis.**
- DIVISIONS: Raw and Equipped**
- Open Professional
  - Open Amateur
- SUB-DIVISIONS:**
- Men
  - Women
  - Teen
  - Police
  - Submaster
  - Master (all age divisions)
  - Junior
- Weight Classes** Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW  
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW
- Lifters Meeting At 8:30 A.M.**  
**LIFTING BEGINS AT 9:00 A.M.**
- Weigh-ins** Friday, Oct 27: 9:00AM – 1:00PM and 6:00PM – 8:00PM  
Saturday, Oct 28: 7:30AM – 8:00AM
- Rules** International Powerlifting Association (IPA) rules apply. Equipment must meet IPA specifications. One-piece lifting suit must be worn. *For rules and regulations, visit the IPA website at [www.IPAPOWER.com](http://www.IPAPOWER.com)*
- Deadline** **ENTRY DEADLINE IS OCTOBER 14, 2017.** *There is a \$25 late fee for all entries postmarked after October 14, 2017.*
- IPA Registration** **YOU MUST BE A MEMBER OF THE IPA TO COMPETE. THOSE WITHOUT ACTIVE MEMBERSHIPS THE DAY OF COMPETITION WILL NOT BE INCLUDED IN THE RESULTS. MEMBERSHIPS ARE NOT RETROACTIVE TO THE DATE OF COMPETITION. PLEASE PURCHASE YOUR IPA MEMBERSHIP IN ADVANCE OF WEIGH-INS. CARDS WILL NOT BE SOLD ON-SITE. GO TO [WWW.IPAPOWER.COM](http://WWW.IPAPOWER.COM), JOIN US TAB FOR A DOWNLOADABLE MEMBERSHIP APPLICATION OR SIGN UP ONLINE VIA PAYPAL.**

**REMEMBER, GET YOUR ENTRIES IN EARLY! THE DEADLINE IS OCTOBER 14, 2017!**



## PROFESSIONAL OR AMATEUR . . . NEED HELP CHOOSING YOUR DIVISION?

The IPA has two divisions: *Professional and Amateur* so all lifters can co-exist under the umbrella of one Association. The **Professional Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. The Pro Division is a **non-drug tested division**. The *Pro Division* has its own world and state records. Records will be kept in all subdivisions, except for Special Olympics.

**Amateur Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter the Amateur division, no matter what he or she totals. **It is a 100% Drug Free Division.**

Lifters **will be tested for anabolic steroids through the use of urinalysis**. Testing will be random and chosen by the Meet Director. Lifters can be tested at any time during the meet at the Meet Director's discretion. An Amateur lifter must be prepared to provide a sample of his/her urine after competing if randomly chosen (there is no charge for the Amateur Division lifters unless the test results are positive). To protect the integrity of the drug test, the urine sample must be processed by the appropriate official. If urinalysis test results are negative, the meet director will absorb the cost of the drug test. If urinalysis test results are positive, the lifter will be responsible for all expenses associated with the drug test. Subsequently, all of the lifter's records and accomplishments to date will be disqualified, and the lifter will be suspended from IPA competition for life.

If the lifter enters a meet as an *Amateur* and totals a *Professional* total, he/she will be classified as an Amateur pending the results of drug testing by urinalysis. Amateur records set or broken are pending drug test results. *Amateur* records will be kept in all subdivisions.

**Raw Lifting**: This division allows knee wraps (in the squat only), lifting belt and wrist wraps.

### IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

#### MEN'S DIVISIONS

##### PROFESSIONAL

<i>Weight Class</i>	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*
114	1085	976	904	850
123	1210	1089	984	904
132	1300	1170	1059	974
148	1450	1305	1185	1087
165	1580	1422	1298	1190
181	1692	1523	1396	1279
198	1780	1602	1471	1354
220	1875	1687	1551	1476
242	1940	1746	1607	1497
275	2000	1800	1654	1518
308	2040	1836	1728	1594
SHW	2085	1876	1748	1614

#### WOMEN'S DIVISIONS

##### PROFESSIONAL

<i>Weight Class</i>	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*
97	680	612	543	491
105	732	659	581	529
114	790	711	623	567
123	857	771	665	604
132	895	805	703	637
148	953	858	773	702
165	1027	924	853	759
181	1192	1073	895	815
198	1149	1034	960	871
198+ (SHW)	1260	1134	1012	918

\*M - Master

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## OFFICIAL ENTRY FORM

OCTOBER 28, 2017

UMBERGER PERFORMANCE – 4573 Campbells Run Road, Pittsburgh, PA 15025

[Umbergerperformance.com](http://Umbergerperformance.com)

Scott Umberger ~ 412-523-0060 ~ [scott@umbergerperformance.com](mailto:scott@umbergerperformance.com)

Andy Bosnyak ~ 412-861-1824 ~ [liftfordreams@gmail.com](mailto:liftfordreams@gmail.com)

<http://umbergerperformance.com/halloween-powerlifting-meet/>

<b>Events:</b>	<input type="checkbox"/> BENCH ONLY	<input type="checkbox"/> DEADLIFT ONLY	<input type="checkbox"/> IRONMAN
<b>Gender:</b>	<input type="checkbox"/> MALE	<input type="checkbox"/> FEMALE	
<b>Equipment:</b>	<input type="checkbox"/> UNEQUIPPED	<input type="checkbox"/> EQUIPPED	
<b>Divisions:</b>	<input type="checkbox"/> PROFESSIONAL	<input type="checkbox"/> AMATEUR	
<b>Sub-Divisions:</b>	<input type="checkbox"/> Open Men	<input type="checkbox"/> Open Women	<input type="checkbox"/> Teen <input type="checkbox"/> Junior <input type="checkbox"/> Submaster <input type="checkbox"/> Master <input type="checkbox"/> Police
<b>Weight Class</b> _____	<b>IPA Expiration Date</b> _____		

**FEES:** Entry Fee: Iron Man - \$100 (Bench/Deadlift ONLY \$75), Crossover Fee - \$30

**ENTRY DEADLINE: OCTOBER 14, 2017**

Spectator Fees: \$10 Coaches Fee: \$5

Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email Address \_\_\_\_\_

**PAYMENT CHOICE:**  Check  Money Order  Visa  Mastercard

Cardholder Name: \_\_\_\_\_ Card Number: \_\_\_\_\_

Cardholder Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Exp. Month/Year: \_\_\_\_\_ 3-Digit CVC2 Security Number: \_\_\_\_\_

**Payment must accompany entry form. No personal checks will be accepted after 10/14/17! Please make checks payable to Umberger Performance, 4573 Campbells Run Road, Pittsburgh, PA 15025.**

### RELEASE FROM LIABILITY

On behalf of myself, my heirs, executors, administrators, and assigns, I hereby irrevocably waive, release and fully discharge the International Powerlifting Association (IPA), **Scott Umberger, Andy Bosnyak and Umberger Performance**, their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation in the powerlifting competition sponsored by **Scott Umberger, Andy Bosnyak and Umberger Performance**.

I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting.

I fully understand that if I enter the Am (drug tested) divisions, I may be selected to take a urinalysis test. If this test is found positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the IPA will pay for the test. By signing this release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. **I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily.**

Signature (in full) of applicant \_\_\_\_\_ Date \_\_\_\_\_

Signature (in full) of parent or guardian if applicant \_\_\_\_\_ Date \_\_\_\_\_  
is under 21 years of age